

HEALTH QUESTIONNAIRE

NAME _____ AGE _____ DATE _____

ADDRESS _____ PHONE _____

HISTORY OF PAST ILLNESS: Have you had _____ M _____ F _____

Childhood:

- Measles Mumps Chicken Pox Congenital Abnormalities Rheumatic fever or heart disease

Adult:

- Asthma High Blood Pressure Cancer (Site _____) Diabetes Ulcer or Gastritis
 Thyroid Problems Tuberculosis Kidney Problem Liver Problems
 Blood Problem Venereal Disease Heart Failure Heart Attack Abnormal Heart Rhythm

Have you had any serious illness? No Yes
 Have you ever had a transfusion? No Yes
 Have you ever been hospitalized or been under medical care for very long? No Yes
 If yes, for what reason? _____

Most recent immunizations: Tetanus _____ DATE _____ Hepatitis B _____ DATE _____
 Flu Vaccine _____ DATE _____ Pneumovax _____ DATE _____

Operations:

Have you had any surgery? No Yes
 List: Appendectomy Hysterectomy (if so, reason: _____) Ovaries Removed Joint Replacement
 Gallbladder Bypass (if so, what _____) Other _____

Medications:

(Dose & frequency) _____

Allergies: Is there a history of skin reaction or allergic reaction following injection or oral administration of:

Circle One
 Penicillin or other antibiotics Yes No Don't Know
 Morphine, Codeine, Demerol or other narcotics Yes No Don't Know
 Novocain or other anesthetics Yes No Don't Know
 Aspirin, ampirin or other pain remedies Yes No Don't Know
 Sulfa drugs Yes No Don't Know
 Tetanus antitoxin or other serums Yes No Don't Know
 What Drug or Food? _____

Injuries:

Have you ever been seriously injured in a motor vehicle accident? No Yes
 Have you had any head concussions or injuries? No Yes
 Have you ever been knocked unconscious? No Yes

FAMILY HISTORY:	If Living: Age	Health	If Deceased: Age (at death) & Cause	Has either parent, sister, brother, child, or grandparent ever had?		
Father				Stroke	No	Yes
Mother				Tuberculosis	No	Yes
Brother/Sister				Diabetes	No	Yes
				Heart Trouble	No	Yes
				High blood pressure	No	Yes
				Has any blood relative ever had?		
Husband/Wife				Cancer Type: _____	No	Yes
Son/Daughter				Suicide	No	Yes
				Mental illness	No	Yes
				Bleeding tendency	No	Yes
				Gout or other crippling arthritis	No	Yes
				Hereditary Defects	No	Yes

SOCIAL HISTORY:

Circle One: Single Married Separated Divorced Widowed Significant Other
 With whom do you live? _____
 Do you have any problems with sexual function? No Yes Recreational Drug Usage? _____
 Foreign travel within last year _____
 Coffee _____ Tea _____ Cola's _____ (per day) _____
 Alcoholic Beverages: Never _____ < 1 per week _____ 1-5 per week _____ Other _____
 Tobacco: Never Smoked Quit _____ years ago Years smoked _____ Packs per day _____
 Are you employed? Full Time _____ Part Time _____
 What is your job? _____
 Are you exposed to fumes, dusts or solvents? _____
 Education: (Years) _____
 Grade School _____ College _____ Postgraduate _____
 How much time have you lost from work because of your health during the past? _____
 Six Months _____ One Year _____ Five Years _____
 Do you wear seatbelts? Always Sometimes Never

CHECK ONLY THOSE THAT CURRENTLY APPLY

SYSTEMIC REVIEW: Do you have any of the following?

General: Maximum weight _____ Minimum weight _____
 Recent weight change? No Yes
 Have you been in good general health most of your life? ... No Yes
 Have you recently had?
 Weakness Fever Chills Night Sweats
 Fainting Problems Sleeping

Skin:
 Skin Disease No Yes
 Jaundice No Yes
 Hives, eczema or rash No Yes

Head-Eyes-Ears-Nose-Throat (cont'd)
 Dry eyes or mouth No Yes
 Bleeding Gums - Frequent or Constant No Yes
 Blurred Vision No Yes
 Date of Last Eye Exam _____
 Sneezing or runny nose No Yes
 Nosebleeds - Frequent No Yes
 Chronic sinus trouble No Yes
 Ear disease No Yes
 Impaired hearing No Yes
 Dizziness or sensation of room spinning No Yes
 Frequent or severe headaches No Yes

Neck:
 Stiffness No Yes
 Enlarged glands No Yes

Respiratory:
 Asthma or Wheezing No Yes
 Difficulty breathing No Yes
 Any trouble with lungs No Yes
 Pleurisy or Pneumonia No Yes
 Cough up Blood (ever) No Yes

Cardiovascular:
 Chest pain, pressure, or tightness No Yes
 Shortness of breath with walking or lying down No Yes
 Difficulty walking two blocks No Yes
 Palpitations No Yes
 Swelling of hands, feet or ankles No Yes
 Awakening in the nights smothering No Yes
 Heart murmur No Yes

Gastrointestinal:
 Vomiting blood or food No Yes
 Gallbladder disease No Yes
 Change in appetite No Yes
 Hepatitis/Jaundice No Yes
 Painful bowel movements No Yes
 Bleeding with bowel movements No Yes
 Black stools No Yes
 Hemorrhoids or piles No Yes
 Recent change in bowel habits No Yes
 Frequent diarrhea No Yes
 Heartburn or indigestion No Yes
 Cramping or pain in the abdomen No Yes
 Does food stick in throat No Yes

Genitourinary
 Loss of urine No Yes
 Blood in urine No Yes
 Frequent urination No Yes
 Burning of painful No Yes
 Night time urinating No Yes
 Kidney trouble No Yes
 Problem stopping/starting flow of urine No Yes
 Testicular mass No Yes
 Testicular pain No Yes
 Prostate problem No Yes

Gynecological
 First day of last period _____
 Age periods started _____
 How long do periods last? _____ Days
 Frequency of periods: every _____ Days
 Pain with periods No Yes
 Number of pregnancies _____
 Number of miscarriages _____
 Date of last cancer smear and results _____
 Breast Lump No Yes
 Abnormal Vaginal Discharge No Yes
 Breast Discharge No Yes
 Pain with Intercourse No Yes
 Skin change of Breast No Yes
 Nipple retraction No Yes

Locomotor-Musculoskeletal:
 Stiffness or pain in joints (✓ all that apply)
 Finger Hands Wrist Elbows Shoulders Neck Back
 Hip Knee Toes Foot Temporomandibular Joint
 Weakness of muscles or joints No Yes
 Any difficulty in walking No Yes
 Any pain in calves or buttocks on walking
 relieved by rest No Yes

Neuro-Psychiatric:
 Transient blindness Tremor Numbness in fingers Weakness
 Have you ever had counseling for your mental health? .. No Yes
 Have you been advised to see a psychiatrist? No Yes
 Do you ever have, or have had, fainting spells? No Yes
 Convulsions No Yes
 Paralysis No Yes
 Problem with coordination No Yes

Hematologic:
 Are you slow to heal after cuts? No Yes
 Anemia No Yes
 Phlebitis or Blood Clots in veins No Yes
 Have you had difficulty with bleeding excessively
 after tooth extraction or surgery? No Yes
 Have you had abnormal bruising or bleeding? No Yes

Endocrine
 Hormone therapy No Yes
 Any change in hat or glove size No Yes
 Any change in hair growth No Yes
 Have you become colder than before -
 or skin become dryer No Yes

Source of information, if other than patient: _____

Signature of person acquiring this information: _____

 Doctor

 Date

 Signature of Patient